



Hello and welcome to this, my first monthly newsletter. I am super excited to have you on board. My newsletter will be a place of learning, thought and fun. Come on in!

A bit about me

I was raised on a dairy farm up north, and had a fabulous childhood, playing outside, riding horses, participating in every sport on offer and occasionally milking the cows for my Dad. Now, I live in Hamilton with my husband and two teenage boys. I am busy and thrive on being busy!

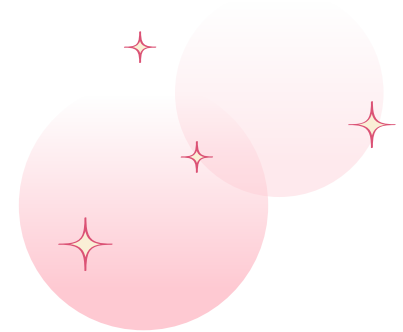
I am a school Board trustee and PTA treasurer, Chair of the Chartered Accountants of Australia and NZ (CAANZ) Central North Island Local Committee, a mentor and speaker for CAANZ, a chartered member of the Institute of Directors, a certified organisational coach and a member of the Institute of Executive Coaching and Leadership. In my spare time, I enjoy crafting, miniatures, gardening, spending time with family & friends and my professional network ... and I am proud of my extensive gin collection.

I've been a Chartered Accountant for 27 years and was recently conferred a Fellow of Chartered Accountants of Australia and New Zealand. I've had a variety of accounting and finance roles with the likes of Lion Breweries, Air New Zealand and DairyNZ, both here and in London. I absolutely love helping, supporting, developing, and guiding people. I have managed and mentored a lot of people for many years.

Recently, I created my own company so that I can live my passion – to help you. **How?** I offer professional coaching and mentoring and will work with you to give you the space, time, ideas, guidance and tools to resolve issues and/or work towards what you really want for your future, a future that you can create and control.

I am also available for interim senior finance work (CFO, FC, Project Manager) and as a recently qualified Chartered Member of the Institute of Directors, I am looking for a professional directorship.

Contact me for a discovery meeting. I'd love to chat.
Rae



Did you know that I am a Xero partner? So I can teach you how to use Xero and I can support you to record your income and expenses, saving you valuable time and money.

Thought for the month:

Coaching and mentoring are the universal language of change and learning.

My focus areas

- New accounting graduates.
- New provisional members of CAANZ.
- New Chartered Accountants.
- Women in business and leadership positions.

While these are my areas of focus, I have a wide range of skills and experience and welcome a discovery meeting to see whether you feel I can help you.

What's New?

I have designed some exciting programmes:

- **What Now** - providing career guidance to new accounting graduates, provisional CA's and newly qualified Chartered Accountants. This programme can also be tailored for **any** graduates, not just accounting grads.
- **What Next** - helping provisional Chartered Accountants and newly qualified Chartered Accountants advance their career with the right tool-set.
- **What About Me** - helping you take control of your life, particularly if you are a woman who is trying to forge and/or continue to build a career while struggling to support teenagers who are still at home, elderly parents who are needing your care and support, all while you are experiencing some (or a lot) of the symptoms of menopause.
- **What Else** - helping you advance your career with the right tool-set AND mind-set, no matter where you are in your career right now.
- **What About My Team** - I have a fantastic team building and facilitation day programme designed to help you and your team develop a great culture of trust, psychological safety and collaboration. I also have a 1:1 programme to give managers a variety of tools and ideas to develop and strengthen their team and its culture.

If you are interested in any of my services or programmes and would like to book a discovery call, contact me via these links:

